MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY Doll Joon
CLASSES	CLASSES	CLASSES	CLASSES	<b>ROUNDS ONLY</b>	ROLL-TON
GI JIU-JITSU	AM-HIIT'S	GI JIU-JITSU	AM-HIIT'S		
DAWN PATROL	8:00 - 8:30AM	DAWN PATROL	8:00 - 8:30AM		GI JIU-JITSU
5:00 - 6:00AM	KICK-BOXING	5:00 - 6:00AM	<b>KICK-BOXING</b>		8:30-10:30am
	8:30 - 9:00AM		8:30 - 9:00AM	KICK-BOXING	
	AM-HIIT'S		AM-HIIT'S	<b>4:30 - 5:00PM</b>	
	9:00 - 9:30AM		9:00 - 9:30AM		
5 - 10 YRS	<b>KICK-BOXING</b>	5 - 10 YRS	<b>KICK-BOXING</b>		
JU-KID-DO	9:30-10:00AM	JU-KID-DO	9:30-10:00AM	GI/NO GI JIU-JITSU	
5:00 - 5:55PM	KICK-BOXING	5:00 - 5:55PM	<b>KICK-BOXING</b>	5:00 - 5:30PM	SUNDAY
	5:00 - 5:55 <b>PM</b>		5:00 - 5:55PM		PRIVATE LESSONS
ADULT 11+	ADULT 11+	ADULT 11+	ADULT 11+		ali Karate Ja
GI JIU-JITSU	NO GI	GI JIU-JITSU	NO GI		
6:00 - 7:00PM	JIU-JIUTSU	6:00 - 7:00PM	JIU-JIUTSU		
FREE ROLL	6:00 - 7:00PM	FREE ROLL	6:00 - 7:00PM		Sam Brazilian Ji
7:00 - 7:30PM		7:00 - 7:30PM			orazilian